



Janardan Bhagat Shikshan Prasarak Sanstha's

## CHANGU KANA THAKUR

### ARTS, COMMERCE AND SCIENCE COLLEGE, NEW PANVEL, (AUTONOMOUS)

Re-accredited 'A++' Grade by NAAC (Fourth Cycle-3.52 CGPA)

'College with Potential for Excellence' Status Awarded by UGC

'Best College Award' by University of Mumbai

### WOMEN DEVELOPMENT CELL

#### Activity Report 2024-25

Sr. No.	Date	Name of the Activity Organized	Name of the Guest	Objectives	No. of Participants
1.	08/08/2024	Awareness about Menstrual Hygiene and Menstrual Cups	<b>Ms. Divya Vinod,</b> Public Health Specialist (HMA) HIL Life care Limited	To provide accurate knowledge about menstrual hygiene, reproductive health, and the importance of maintaining proper menstrual care.	<b>Male: N.A.</b> <b>Female: 108</b>
2.	13/08/2024	Personality Development and Menstrual Hygiene	<b>Ms. Saniya Pathan</b> Brandtouch & Analytics, Mumbai	<ul style="list-style-type: none"><li>To help individuals develop self-confidence by promoting self-awareness, self-care, and positive body image.</li><li>To provide comprehensive knowledge about menstrual hygiene, its importance, and best practices for maintaining good health.</li></ul>	<b>Male: N.A.</b> <b>Female: 89</b>
3.	03/01/2025	Celebration of Birth Anniversary of Krantijyoti Savitribai Phule	<b>Prof.(Dr.) S.K. Patil</b> Principal Changu Kana Thakur Arts, Commerce and Science College, New Panvel	To inspire the teachers about the Indian Social Reformer.	<b>Male: 31</b> <b>Female: 34</b>
4.	07/01/2025	Self Defense Training on the occasion of Birth Anniversary of Krantijyoti Savitribai Phule	<b>Dr. Mahadev J. Shinde</b> International Sports Trainer Panvel, Raigad	<ul style="list-style-type: none"><li>To equip participants with essential self-defense techniques to enhance their safety and confidence in challenging situations.</li></ul>	<b>Male: N.A.</b> <b>Female: 72</b>

				<ul style="list-style-type: none"> <li>To educate participants on situational awareness, risk assessment, and preventive measures for personal security.</li> </ul>	
5.	24/02/2025	Workshop on Pre-Marital Counselling	<b>Ms. Jyoti Mhapasekar &amp; Team,</b> Stree Mukti Sanghatana, Vashi, Navi Mumbai	To create the awareness about the marital life	<b>Male: 38</b> <b>Female: 90</b>
6.	08/03/2025	Special Guest Lecture on Cancer Prevention and Early Detection on the occasion of World Women's Day	<b>Dr. Prbha Bagade</b> Oncologist, Dr. Pushpak Chirmode Cancer Centre, Panvel	<ul style="list-style-type: none"> <li>To advocates for gender equality and the elimination of discrimination and violence against women.</li> <li>To inspires individuals and communities to take action towards achieving gender equality and women's empowerment.</li> </ul>	<b>Male: N.A.</b> <b>Female: 72</b>
7.	10/03/2025	Jodidarachi Viveki Nivad	<b>Ms. Swati Parab</b> Counsellor Changu Kana Thakur Arts, Commerce and Science College, New Panvel	<ul style="list-style-type: none"> <li>To highlight the significance of social, cultural, and familial values in married life.</li> </ul>	<b>Male: 21</b> <b>Female: 37</b>

**Dr. (Mrs.) R.D. Mhatre**  
**Chairperson**  
**Women Development Cell**

**Prof.(Dr.) S.K. Patil**  
**Principal**  
**Changu Kana Thakur**  
**Arts, Commerce & Science College,**  
**New Panvel (Autonomous)**